

Date: Monday, May 11, 1998 7:30:02 PM
From: GoghHyde
Subj: My aching back! Nancy...
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cc: GoghHyde

Dear Family,

I have been overwhelmed with the cards, flowers, food, calls, magazines & general concern over my back surgery. I feel so loved! Where would I be without my family?! (and your prayers!)

The doctor said that my disc herniation was huge (to say the least), with spurs pressing on the nerves (that would explain the pain & numbness) and even found a torn ligament which he removed. He fused my disc's (L5 S1) using the cage method and a graft of bone from my hip. The complete fusion process takes 6 months. I can't lift, bend or twist for 6 weeks. The Relief Society & Mom have come to my rescue with DJ & Keslee. The pain hasn't been too severe, mostly muscle spasms and incision pain and achy lower back, hips & legs. I've been walking around the neighborhood a couple of times a day, and need to be walking a mile within 6 weeks. (doctors orders)

DJ is excited to attend the Ogden School for the Deaf & Blind in the fall. It's a beautiful school...built three years ago. If any of you are in the ogden area, drop in and check on him for us. The school is on 12th & Harrison, across from Ben Lomand High School. He'll leave for Ogden each Sunday evening, and come home on Friday afternoons and holidays.

Chelsey made the cheer squad again for her freshman year. She'll be 16 in 3 days. She's mostly excited to get her licence. She'll be SWEET 16! I'm so proud of her.

Keslee's getting so big. She swings from the monkey bars, it scares me to death! She repeats everything we say. She's sleeping in a regular bed now in her own room. She'll be 2 in June.

Doug is busy on his tractor. He's always busy with something!

Carli is trying to buy a darling little (older) home in Payson. I hope they get this one. She's tired of living with Sean's parents. She's going to work with me in the preschool next year. I hope she likes it better than the dental business.

Well, thanks again for all your thoughts & prayers. It means the world to me!

Love Nancy